3 STEPS TO FAST LEARNING WORKSHEET

Quickly accelerate your learning journey

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This module shows the 3-step process that I use with my clients to increase their learning speed. I will guide you through different resources online to set you up for success in the best way possible. After going through the materials, you can fill in the worksheet to find and reach your goals faster.

In my consulting practice, I help a lot of people how to jump before they're ready and how to learn along the way using books, courses, and mentors. The fastest way to do this successfully is to have extreme clarity regarding your destination. You can only find a shortcut when you know where you're going.

This is something that a lot of people struggle with. Knowing where to go and how to get there. If this remains vague, you will procrastinate and never reach your goal.

But there's a potential pitfall too. You can still get trapped by negative self-talk. This happens especially to high achievers.

I use the 3-step process with my clients to establish the required clarity, identify the best shortcut, and eliminate all that negative self-talk.

3 STEPS TO FAST LEARNING WORKSHEET

1) Get Clarity: What do you really want?

2) Success leaves clues: Who has already done what you want to do and what was their approach?

3) Shortcut: How can you shortcut their approach?

4) What's the smallest action you can take on a daily basis to reach this goal?

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